

# Bear Creek Elementary and Middle School Wrestling Team

**Practice Days:** Tuesday and Thursday (Oct 1 - Dec 12, 2013)

**Practice Times:** 4:00 - 5:30 pm (Oct 1 - Nov 8)

6:00 - 7:30 pm (Nov 12 - Dec 11)

**Practice Location:** Bear Creek High School Wrestling Room

**Tournaments:** See Attached Schedule

**What to wear to practice:** Shirt(no buttons/zippers/strings), shorts(no buttons/zippers) and wrestling shoes(do not wear outside).

**Tournament Items:** Head gear, singlet(optional), and wrestling shoes.

**Eligibility:** All Lodi Unified students are eligible to wrestle for the Bear Creek Elementary and Middle School wrestling teams. Each wrestler must obtain an USAW membership card through USAW(see attached "how to get a USAW Card") There is a cost for this membership(\$40) which is paid directly to USAW. There is a fee of \$10 for the season to participate. (all fees are non-refundable)

**Uniforms/Team Gear:** We will have team shirts, shorts, cinch backpack and singlets that will be available for purchase(see attached order form). All items are optional

**Fundraisers:** The Bear Creek Elementary and Middle School Wrestling Teams are **not** funded or sponsored by Lodi Unified or Bear Creek High School. We would like to fundraise to pay for Team Equipment (headgear, bags, singlets, warmups). Please contact me with fundraisers.

**Coaches:** The Coaches are volunteer coaches. Each volunteer will submit to a fingerprint background check through Lodi Unified School District and a background check through USA Wrestling.

**Contact Info:**

Harold Bacich - 2094237279

[Bearcreekwrestling@gmail.com](mailto:Bearcreekwrestling@gmail.com)

**Website:**

Elementary School Team - [www.bearcreekwrestling.com/bc-elementary-school-team](http://www.bearcreekwrestling.com/bc-elementary-school-team)

Middle School Team - [www.bearcreekwrestling.com/middle-school-team](http://www.bearcreekwrestling.com/middle-school-team)

**Useful websites:**

Shoes/headgear: [www.suplay.com](http://www.suplay.com) or [www.matmonster.com](http://www.matmonster.com)

USAW Membership: [www.usawmembership.com](http://www.usawmembership.com)

Youtube Channel: [www.youtube.com/user/bcmsteam](http://www.youtube.com/user/bcmsteam)

BC Elementary and Middle School Facebook group -

[www.facebook.com/groups/bcmwrestling](http://www.facebook.com/groups/bcmwrestling)